

# One in Christ

*There is one body and one Spirit--just as you were called to one hope when you were called--one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all. (Ephesians 4:4-5, NIV)*

Communion was being served at our local church. Servers stood at the head of each aisle with a plate of bread and a cup. All the church rose and filed down together, waiting to receive the elements and hear the words, "This is my body. This is my blood."

Being on the far side of the sanctuary, I looked across and saw all those people standing together, filling the aisles--people of every shape, size, and personality imaginable--the elderly and the children, the brilliant and the mentally handicapped, every background, every life situation, every problem and struggle. Each had been personally invited by Jesus Christ, and there they were all together, coming to Him.

What a stunning picture of redemption! For each of us, Jesus has become the bread and wine of life. We have come together in Him. We are one body and one Spirit in Him. We have been lifted to one hope. We cling to one Lord, one faith, one baptism, one God and Father who is over and through and in us all.

Unity is largely unexplored territory for us. It is an undiscovered blessing. Let us pray that the Lord will burn into our hearts its possibility and its glowing promise. More and more let us see other people in Him. Let us react to them in Him and love them in Him.

Remember, this picture of redemption is just a glimpse of a day soon to come:

*I looked and there before me was a great multitude that no one could count, from every nation, tribe, people and language, standing before the throne and in front of the Lamb. They were wearing white robes and were holding palm branches in their hands. And they cried out in a loud voice:*

*"Salvation belongs to our God,  
who sits on the throne,  
and to the Lamb." . . .*

*They are before the throne of God  
and serve him day and night in his temple;  
and he who sits on the throne will spread his tent over them.*

*Never again will they hunger;  
never again will they thirst...*

*For the Lamb at the center of the throne will be their shepherd;  
he will lead them to springs of living water.*

*And God will wipe away every tear from their eyes.*

(Revelation 7:9-10, 15-17, NIV)

This article is reprinted from the book

*A Vision for Christian Song,*

available as a FREE DOWNLOAD from LNWhymns.com.

Just [click here](#).

Ken Bible

[LNWhymns.com](http://LNWhymns.com)

© 2001 by Ken Bible, c/o [LNWhymns.com](http://LNWhymns.com).